

# RC Show -Tuesday Feb 26, 2019

## Speaker Stage

Capitalizing on Plant-Based Menus: This is Just the Veganing	11:00 am - 11:45 am
Future of Cannabis in Canada: When will POT be in our POTS?	12:00 pm - 12:45 pm
Tech for Good: Forward-Thinking Practices to Build a Sustainable Business	1:00 pm - 1:45 pm
Women in Foodservice	2:00 pm - 2:45 pm
RC Innovation Award, Exhibitor Booth Awards & Leaf Eco Award	3:00 pm - 4:00 pm

## Culinary Stage

Garland Canada Culinary Competition	12:00 pm - 3:00 pm
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## Bar & Beverage Stage

86 Mocktails - A Guide to No & Low Alcohol Alternatives	11:00 am - 11:45 am
Feature Keynote - TBA	12:00 pm - 1:30 pm
CAN-I-bis in Cocktails?	1:45 pm - 2:15 pm
How to create a safer space for your patrons and your staff	2:30 pm - 3:15 pm
John Bil Oyster Shucking Competition	3:30 pm - 5:00 pm

## Bar & Beverage Tasting Stage

Beyond The Bar: How to incorporate off-site events into your repertoire	11:15 am - 11:45 am
Entertainment in Bars: The Instagram Effect & Incorporating Gaming	12:00 pm - 12:45 pm
Lunch Break! - Unconventional Food Pairings	1:00 pm - 1:30 pm

On Wine: The Local, The Natural & The Weird	1:45 pm - 2:15 pm
Happy Staff, Happy Guests: Wellness, Health & A Sustainable Bar Team	2:30 pm - 3:15 pm
Cocktail Presentation - Ice Cutting Demo	3:30 pm - 4:30 pm

## Local Stage

Feast On® 'Best of FOODstock'	12:00 pm - 12:45 pm
Feast On® 'Best of FOODstock'	2:00 pm - 2:45 pm

## Learning Lounge

#MeToo & More: Workplace Violence & Harrassment	4:00 pm - 4:30 pm
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## Eco Stage

How to give your energy sustainability a bolt	11:00 am - 11:30 am
Reducing Waste in Foodservice	12:00 pm - 12:30 pm
Water Conservation & Incentives	1:00 pm - 1:30 pm
LEAF Certification: How to make it or break it	2:00 pm - 2:30 pm
No to low cost energy efficiency strategies	3:00 pm - 3:30 pm

## Coffee, Tea & Sweets

Finals: Coffee in Good Spirits 2019 Nationals	11:00 am - 1:00 pm
Latte Art Labs	11:00 am - 12:00 pm
Finals: Latte Art 2019 Nationals	2:00 pm - 3:15 pm

## Enercare Theatre

## Events

